

Special Order Menu Items Available Upon Request

Breakfast All Day

Cold Cereals

Special K

Raisin Bran

Cheerios

Honey Nut Cheerios

Corn Flakes

Hot Cereals

Southern Grits

Oatmeal

Cream of Wheat

Breads

Toast, White or Wheat

English Muffin

Bagel

Yogurt

Creamy Yogurt

Greek Yogurt

Eggs

Scrambled, Fried, Boiled

Meats

Crispy Bacon

Pork Sausage

Turkey Sausage

Burgers & Hot Dogs

Beef Hamburger
with lettuce & tomato
Beef Cheeseburger
with lettuce & tomato
Black Bean Burger
Beef Hot Dog with chili

Sandwiches

White Bread or Wheat Bread toasted upon request

Ham

Turkey

Roast Beef

Tuna Salad

Chicken Salad

Ham Salad

Egg Salad

Pimiento Cheese

Grilled Cheese

Peanut Butter

Peanut Butter & Jelly

❖ Soups

Tomato

Chicken Noodle

Vegetable

❖ Salads

Chef Salad with ham, turkey, or grilled chicken

Fruit Plate

with cottage cheese

Meats & Seafood

Chicken

Chicken Breast, grilled

Chicken Nuggets, breaded

Baked Fish Fillet

Salmon

Flounder

Tilapia

Sides

Baked Russet Potato

Baked Sweet Potato

Fresh Fruit

Baked Beans

Green Beans

Baked Potato Chips

Side Salad

Ranch or Italian dressing

Snacks

String Cheese

with fruit & crackers

Peanut Butter Crackers

Condiments

Butter

Jelly (regular or sugar-free)

Cream Cheese

Syrup (regular or sugar-free)

Peanut Butter

Ketchup

Mayonnaise

Mustard

Salad Dressings

Sugar

Splenda

Salt

Pepper

Call Concierge 919-781-4900 • 8:30am-8:00pm weekdays • 9:30am-5:30pm weekends

Breakfast orders no later than 8:00pm the night before Lunch orders no later than 10:00am Dinner orders no later than 3:00pm