



Hillcrest Menu

February 5 - 11



Regular Week Three F/W

Sunday, February 5	Monday, February 6	Tuesday, February 7	Wednesday, Feb. 8	Thursday, Feb. 9	Friday, February 10	Saturday, Feb. 11
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Link Sausage Apple Fritter Fruit Garnish White Grape Juice	Apple Pancakes with Syrup Cream of Wheat Crispy Bacon Fruit Garnish Orange Juice	Scrambled Eggs Sausage Biscuit Southern Grits Banana Fruit Garnish White Cranberry Juice	Cheese Omelet Oatmeal Crispy Bacon Wheat Toast Grapefruit Sections White Grape Juice	Scrambled Eggs Hash Browns Sausage Patty Raisin Toast Fruit Garnish Apple Juice	Hard-Boiled Egg Southern Grits Link Sausage Bagel with Cream Cheese Fruit Garnish White Cranberry Juice	Scrambled Eggs Cream of Wheat Crispy Bacon Orange Blossom Muffin Fruit Garnish Orange Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Southern Ham with Pineapple Glaze Baked Sweet Potato Creamed Spinach Mom & Pop Yeast Roll Strawberry Layer Cake	Grilled Chicken Sandwich on Kaiser Roll with lettuce and tomato Sweet Potato Fries Zesty Lemon Pie	Chili Con Carne with Cheese Tossed Salad Baked Potato with sour cream & chives Southern Cornbread Orange Layer Cake	Italian Baked Ziti with Parmesan Cheese Spinach Salad with Raspberry Vinaigrette Steamed Zucchini Wheat Roll Tiger Brownie	Beef Bourguignon mushrooms, onions, carrots and garlic in a red wine sauce French Cut Green Beans Marinated Tomato Salad Corn Muffin Cherry Crisp	Breaded Fried Flounder with tartar sauce Cole Slaw with Carrots Baked Potato with sour cream Mexican Cornbread Blackberry Cobbler	Polish Kielbasa with Green Peppers & Onions Green Beans Rice with Black Beans Focaccia Bread Carrot Spice Cake
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak with Gravy Rice Pilaf Brussels Sprouts with Cheese Sauce Clover Leaf Roll Chocolate Cream Pie	Salmon Croquettes with Hollandaise Sauce Stir-Fry Mandarin Veggies Yellow Rice Brown & Serve Roll Chocolate Layer Cake with Chocolate Icing	Fluffy Quiche with Spinach and Sausage Hash Browns Fruit Cup French Croissant Macadamia Nut Cookie	Breaded Chicken Tenders with honey mustard Broccoli & Pasta Bianco Dinner Roll Citrus Fruit Cup	Vegetable Lasagna with Tomato Sauce Caesar Salad Tender Green Peas Garlic Toast Mousse Parfait	Chicken Pot Pie Roasted Asparagus with caramelized onions Parkerhouse Roll Pecan Streusel Muffin	Bacon Cheeseburger on roll lettuce, tomato, onion Fried Onion Rings Dill Pickle Spear Southern Bread Pudding