



Hillcrest Menu

September 12 - 18

Regular Week Four S/S



Sunday, Sept. 12	Monday, Sept. 13	Tuesday, Sept. 14	Wed., Sept. 15	Thursday, Sept. 16	Friday, Sept. 17	Saturday, Sept. 18
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Link Sausage Orange Blossom Muffin Fruit Garnish Orange Juice	Pancakes with Syrup Southern Grits Crispy Bacon Fruit Garnish Apple Juice	Scrambled Eggs Rice Krispies Link Sausage Blueberry Muffin Banana White Cranberry Juice	Western Omelet Cream of Wheat Assorted Danish Fruit Garnish White Grape Juice	Scrambled Eggs Hashbrowns Sausage Patty Banana Muffin Fruit Garnish Apple Juice	French Toast with Syrup Oatmeal Link Sausage Fruit Garnish White Cranberry Juice	Scrambled Eggs Honey Nut Cheerios Crispy Bacon Wheat Toast Fruit Garnish Orange Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Flat Iron Steak A-1 Steak Sauce® Fried Green Beans Garlic Mashed Potatoes Yeast Roll Banana Cream Pie	Breaded Pork Loin & Gravy Spring Tossed Salad Caribbean Vegetables <small>(broccoli, green beans, carrots, red peppers)</small> Grilled Vegetable Ravioli with Alfredo Sauce Clover Leaf Roll Pineapple Upside-Down Cake	Fried Chicken Nuggets with Honey Mustard Sauce Marinated Cucumber Salad Steamed Yellow Squash Southern Fried Okra Sweet Yeast Roll Tiger Brownie	Country Fried Steak with Gravy Pear Half Salad California Vegetables <small>(broccoli, cauliflower, carrots)</small> Whipped Potatoes Dinner Roll Chocolate Chip Cookie	Beef Taco Salad <small>(lettuce, tomato, cheese)</small> Fresh Fruit Salad Spanish Rice topped with cheese Assorted Dessert Bars	Grilled Mahi Mahi Homemade Cole Slaw Oven Browned Potatoes Wheat Roll Zesty Lemon Pie	Barbeque Pork Chop Mixed Green Salad Sautéed Zucchini Fresh Whipped Potatoes Assorted Rolls Creamy Chocolate Mousse
Dinner	Dinner	Dinner	Dinner	Luuu Dinner	Dinner	Dinner
Southern Chicken and Dumplings Cooked Carrots in a Brown Sugar Glaze Brown & Serve Roll Yellow Butter Cake with Chocolate Frosting	Fried Fish Filet Sandwich with Cheese and Tartar Sauce Homemade Cole Slaw Tangy Baked Beans Peanut Butter Cookie	Bowtie Noodles with Italian Meat Sauce Prince Edward Vegetables <small>green beans, yellow beans, carrots)</small> Garlic Breadsticks Italian Tiramisu	Asian Chef Salad with Grilled Chicken Strips Mandarin Oranges, Mozzarella Cheese, Chow Mein Noodles Sesame Wheat Crackers Broccoli Cheese Soup Chocolate Cream Pie	Huli Huli Chicken Tropical Fruit Salad Stir-Fry Vegetables Teriyaki Rice Hawaiian Rolls Pineapple Upside- Down Cake	Open Face Hot Turkey Sandwich with Gravy Buttered Carrots Wheat Roll Peach Crisp	Chicken Salad atop a bed of lettuce Italian Pasta Salad French Croissant Vegetable Soup with crackers Key Lime Pie

